

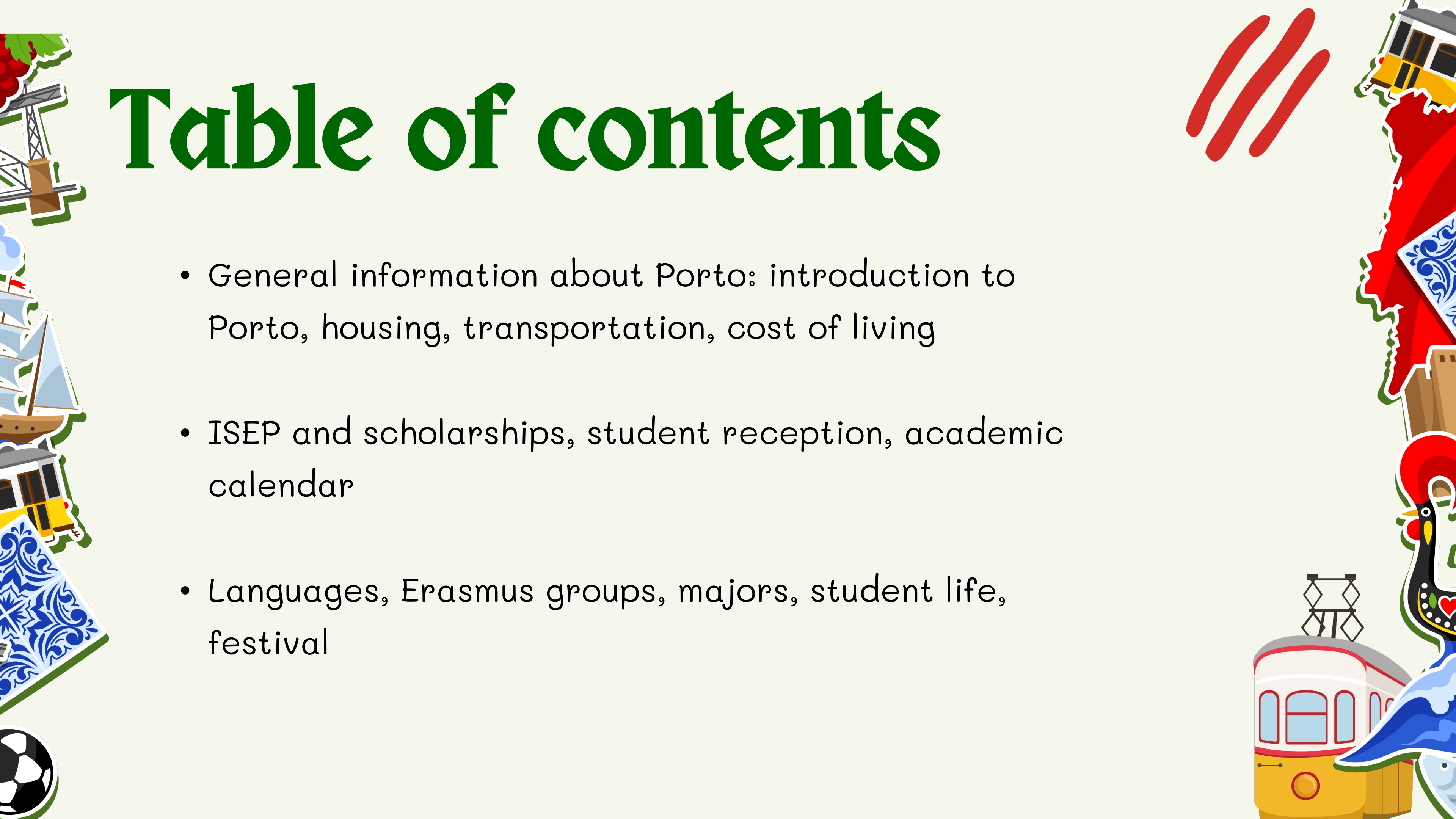
FORUM INTERNATIONAL

Porto



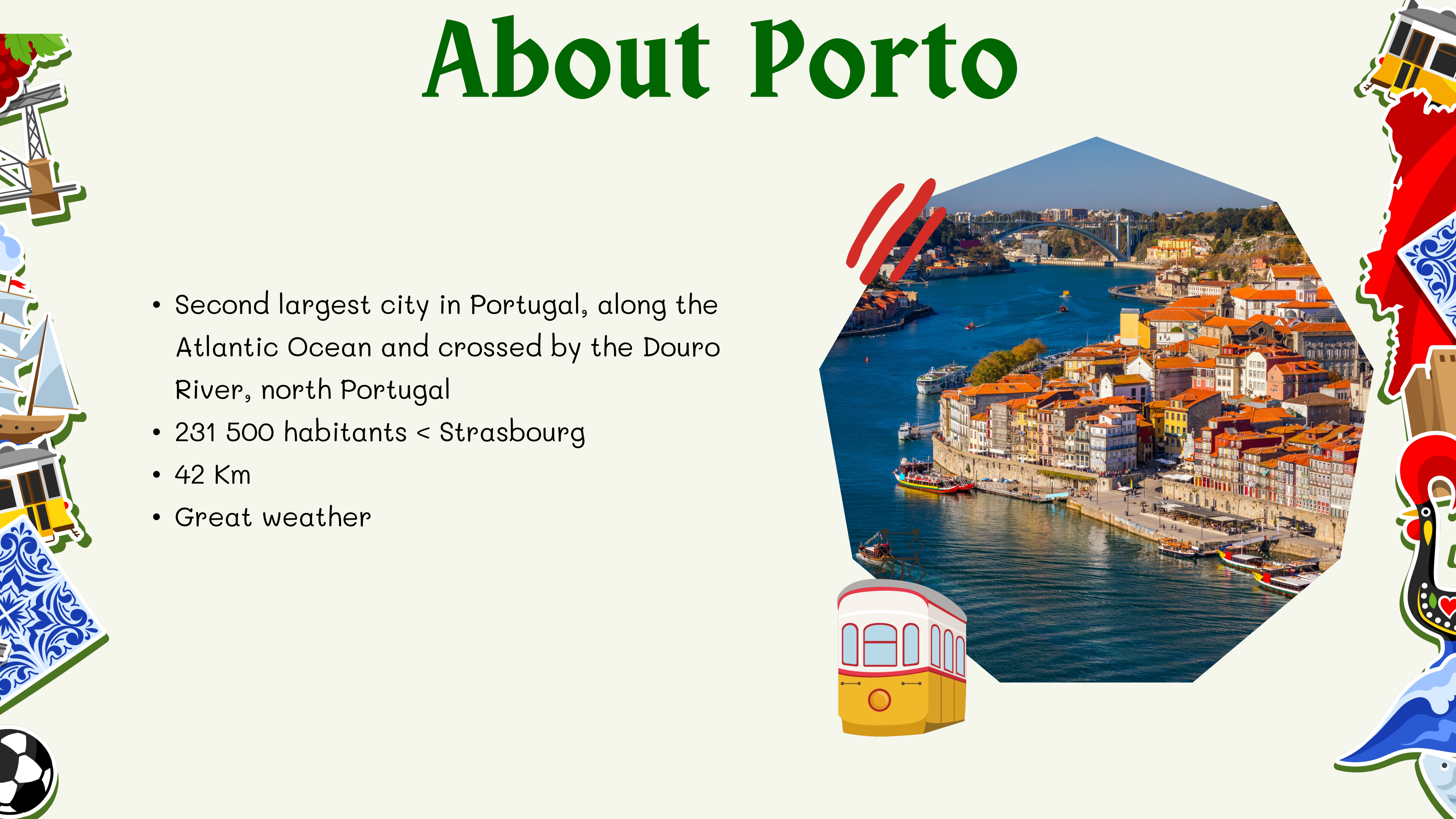
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- ISEP and scholarships, student reception, academic calendar
- Languages, Erasmus groups, majors, student life, festival



About Porto

- Second largest city in Portugal, along the Atlantic Ocean and crossed by the Douro River, north Portugal
- 231 500 habitants < Strasbourg
- 42 Km
- Great weather



Housing

~450 Euro per month colocation

Useful platforms:

Uniplace

HousingAnywhere

idealista

idealista

Uniplaces

Housing
Anywhere

Transportation



- Metro: 6 lines connecting the city center, suburbs, and the airport.
- Buses & Historic Trams
- Trains and buses: São Bento and Campanhã Stations link Porto to the rest of Portugal (very cheap tickets).
- Walking: The historic center is compact and very walkable.
- **Free public transport for residents under 23 years old**

Cost of living

Weekly grocery cost for one person (basic essentials)

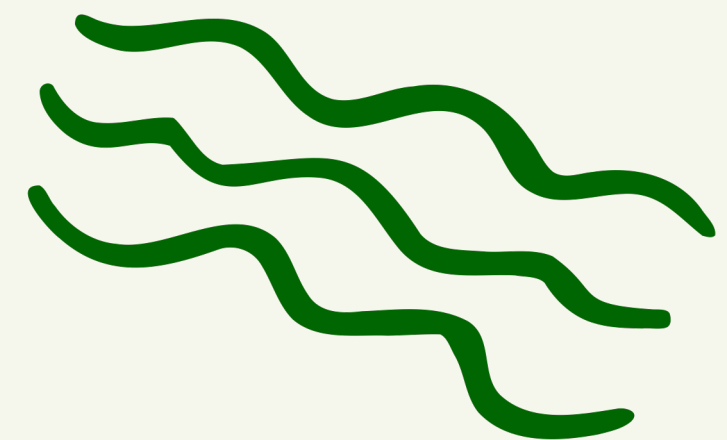
 Portugal : ~35—45 €

 France : ~55—70 €

Beer comparaison:

Portugal : 2,50€

France : 6€





About University

OUR CLASSES

MODAS

Advanced models of simulation



Group project

ENGQU

Quality engineering



Test+ group project

LOGCA

Logistics and Supply Chain Management



Group project

SCEN

Energy Conversions Systems



Test+ group project

Schedule

Heure	Lundi	Mardi	Mercredi	Jeudi
14:10 - 16:00	FASHION		ENGQU	
16:10 - 18:00	FASHION	LOGCA		
18:10 - 20:00	LOGCA		ENGQU	SCENE
20:40 - 21:30				SCENE

- We had one more different subject of 4 hours. We had 18-20 h per week.
- Theoretical class are not mandatory.
- You have to be present for $\frac{2}{3}$ of practical class.
- All the classes we attended were in English but if you want you can take Portuguese classes.
- **Classes season : mid February - mid June**
- **Exam season : mid June - mid July**

A vertical strip of five colorful, stylized illustrations. From top to bottom: a red tree with green leaves, a crane with a brown base and grey lattice, a sailboat with a brown hull and blue sails, a yellow train with a grey roof and black windows, and a black and white soccer ball. Each illustration is set against a green background with a white outline, giving it a cutout appearance.

- 



Scholarships

- Bourse Grand Est
- Bourse Université de Lorraine

Around 2000€ for the whole stay, first transfer after a month from the arrival



Before erasmus in Porto

- Don't worry, many locals speak good English.
- Learn basic Portuguese phrases to connect better.
- Join Erasmus groups like ESN and ELP for events and support.
- Check Facebook/WhatsApp Erasmus groups to stay updated.
- Arrange accommodation early.



What are ESN and ELP?

- ESN (Erasmus Student Network): A big student organization that helps Erasmus students with events, trips, parties, and meeting new people. They also offer many discounts on activities and local services.
- ELP (Erasmus Life Porto): A local Erasmus group in Porto organizing cultural and social events, plus they provide lots of discounts to students.

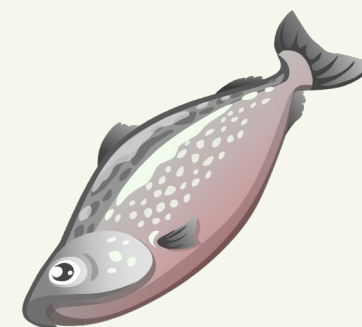


Portuguese Culture and Cuisine

Fado, football, surf, beachvolley,...



Pastel de nata, seefish, francesinha, bacalhau,



Nightlife and festivals

- São João festival in Porto marked by street parties and fireworks.
- Every monday is Erasmus monday at the bar
- Adega clubs for local music and affordable drinks, plus lots of bars and clubs open late for dancing and meeting people.
- Queima das Fitas : a week of holiday dedicated to students celebrations.
- Carnival



COUNTRY INTRODUCTION

Thank You!

