

Estudiar al

TEC | Tecnológico de Costa Rica

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Introduction



El TEC (Tecnológico de Costa Rica) es una de las mejores universidades de América Central para ingenieros.



3 Campus, Campus Central : Cartago, 8000 estudiantes

Cartago, 1 435 metros sobre el nivel del mar, antigua capital del país
Temperatura media: entre **14°C y 24°C, el mejor climat para estudiar**
1 hora de San José, la capital de Costa Rica. (en bus o tren)

Practical Information

Visa & Formalities

No visa needed for French citizens. 180 days stay allowed with simple immigration stamp at arrival.

Accommodation

At Martha's: 4 calm apartments.
Fraternat: closer to school but less quiet.
Cost: ~350–400 \$/month.

Daily Life

-  Transport: cheap & frequent buses
-  Food: groceries expensive, “soda” less expensive than restaurants
-  Weather: dry (Dec–Apr), rainy (May–Nov)
-  Banks: ATMs for colons & dollars, both accepted



Scholarships & Budget

Available scholarships :

- Grand Est Scholarship: €700 (€500 for non-scholarship students)
- AMI Scholarship (for scholarship holders): €400/month for 4 months
- AMODUL Scholarship (for non-scholarship students): €540 for the semester

Scholarships & Budget

	Average from February to May (€)
Transport	128,8
Groceries	219,55
Resto	168,34
Cafeteria	15,04
Activities	44,3
Housing	300
Purchases	137,79
Total	1013,81

***Disclaimer*:** These expenses reflect my personal spending during one semester abroad. They correspond to the choices I made and may not represent what other students will spend. Your own costs may be higher or lower depending on your lifestyle and habits.

Academic Life



Academic Year

Starts in February, semester-based system.



Courses

All courses are in Spanish. Course choice made at the beginning of the semester by talking directly with professors if places are available.



Organization

Strong emphasis on group projects and collaboration, combining theory and practice.



Assessment

Multiple exams throughout the semester, plus presentations and continuous assessment.

Academic Life

**Bachillerato en Administración de Empresas | TEC :
<https://www.tec.ac.cr/administracion-empresas>**

- **We studied in the Business Administration program (Administración de Empresas)**
- **We had to select 3 courses from this program**
 - **Estatística I**
 - **Negocios Internacionales**
 - **ESTRATEGIA EMPRESARIAL**
- **Additionally, we had to choose 2 courses from another program**
- **We decided to take 2 courses in Industrial Production Engineering (Ingeniería en Producción Industrial)**
 - **DIRECCION DE PERSONAL**
 - **GESTION DE PROCESOS**

More information in our REX

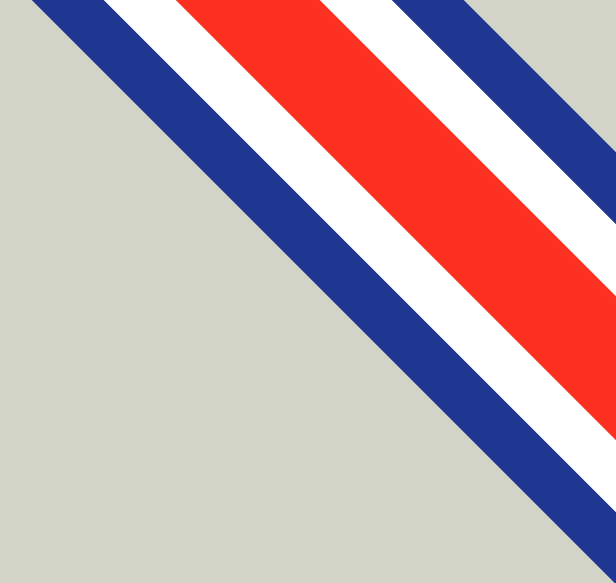
Academic Life

We managed to organize our schedule so that we only had classes from Tuesday to Thursday, with the possibility of having classes until 9 p.m."

The classes take place once a week in 4-hour blocks, with a break in the middle.

Escuela de Administración de Empresas Tecnológico de Costa Rica I Semestre 2025					
Estudiante	Maxime Guichet				
HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
07:30					
08:00		AE 3506 Productividad Empresarial		AE 2505 Estadística I	
08:30					
09:00		Grupo 01 Regular		Grupo 02 Regular	
09:30					
10:00		Prof. Dr. Ronald Leandro Elizondo		Prof. SIN ASIGNAR	
10:30					
11:00					
11:30					
12:00					
12:30	Almuerzo	Almuerzo	Almuerzo	Almuerzo	Almuerzo
13:00					
13:30					
14:00			AE 3312 Negocios Internacionales		
14:30			Grupo 02 Regular	Gestión de procesos	
15:00			Prof. M.Sc. Haydee Tiffer Sotomayor		
15:30					
16:00					
16:30					
17:00					
17:30					
18:00					
18:30					
19:00		Dirección de personal			
19:30					
20:00					
20:30					
21:00					

The TEC Campus in Cartago



Integration & Student Life

- Welcome/integration activities

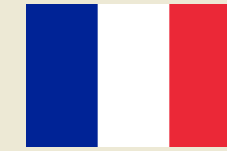
Cena international-4 de Abril 2025

- Clubs and student associations
- National and international students' mix

Grupo de 15 estudiantes internacionales

Integration & Student Life

National and international students' mix: Grupo de 15
estudiantes internacionales



→Cada estudiante tiene un “amigo international” asignado para ayudarlo, responder a sus preguntas....

Integration & Student Life

Cena internacional-4 de Abril 2025



- Cada nacionalidad prepara un plato de su país para compartir
- Juegos de baile en grupo organizado

Integration & Student Life

Eventos organizados:



Federacion de Estudiantes

- > Actividades de baila
- > Actividades extraescolares

Cultura & Idioma



Diferencias culturales

La gente es cálida y amistosa. La vida es relajada ("hora tica"). Menos estrés, más convivencia.

Consejos

Evita estereotipos, mantén la mente abierta y disfruta del estilo de vida tranquilo.

Mãe!



La Gastronomía

Gallo Pinto



El mejor café del mundo

Frutas Deliciosas



Dos  Pinos



Actividades que podemos hacer

Playas del Caraibes
y del Pacifico

Caminatas en
Parques nacionales



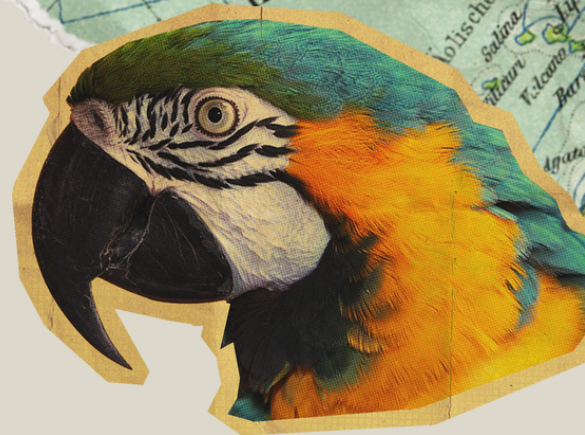
Actividades que podemos hacer



Visitar volcanes



Nadar en cataratas



Ver aves exóticas





COSTA
RICA

Muchas Gracias
Muchas Gracias
Muchas Gracias

